

Mindset Intervention
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Resource B: Stanford's D school

<http://dschool.stanford.edu/>

From the website:

“Originally started by engineers at Stanford, the design thinking process encourages associative thinking in an effort to create a new, useful design. The process starts through **empathy** where feelings, thoughts and attitudes are identified through open-ended questioning and unbiased active listening. Next the problem is **defined** by capturing the goals, .and insights from the empathy and taking a stand with a point of view on the issue in question. The third step is to **ideate**. This is associative thinking where radical ways to meet the user’s needs are identified. With ideas in hand it is time to iterate those ideas using feedback. Finally, a prototype solution is **built** and **tested**.”

This process encourages collaboration and a growth mindset.